SBS HIGH SCHOOL
TRACK \& FIELD CHAMPIONSHIPS
HURON, MAY 7, 2024
FIELD EVENTS: 4:15pm, RUNNING EVENTS: 4:45pm
Admission: $\mathbf{\$ 1 0 . 0 0}$ for adult, $\$ 5$ for student/senior citizens

BOYS \& GIRLS TEAMS ENTERED: EDISON, HURON, MARGARETTA, PORT CLINTON, VERMILION, \& WILLARD.

Check in: 3:15-4:00 in the middle room of the stadium, coaches for packets, scratches, implement weigh in. No coaches meeting needed unless something comes up. If you have any problems or questions during the meet, please talk to the officials or the meet manager Bill Scott during or directly after the meet. thanks

## IF BRINGING YOUR OWN STARTING BLOCKS MAKE SURE YOUR SCHOOLS NAME IS ON THEM.

1. Enter your 2 participants for each event on Baumspage. Be aware of the closing date and scratch date.
2. Turn in all scratches when you arrive to the shed at the finishline. Lane assignments will be handed out when you arrive or sooner.
3. Shot and Discus - $-\mathbf{3}$ throws, top 9 to the finals this year.
4. Jumps: a) Long jump - $\mathbf{3}$ jumps (open pit 1 hours, boys \& girls), top 9 to the finals.
b) High Jump bar starts at 4' $2^{\prime \prime}$ for girls $5^{\prime} 4^{\prime \prime}$ for boys. Subject to change
c) Pole Vault bar starts at $9^{\prime} 0^{\prime \prime}$-boys, $6^{\prime} 0^{\prime \prime}$-girls, moving 6 " at a time. Subject to change

All races will be timed using FAT, heats.
5. 3200 m run Final, $110 / 100 \mathrm{H}, 100,200,400 \mathrm{~m}$ dashes $\& 300 \mathrm{H}$, are prelims with the top 8 to the finals Friday at Clyde .
6. Relays final: a) 3200 m - lanes through two turns then California exchange (blue exchanges)
7. Only coaches may be on the infield. Everyone else must be on the outside of the track or in the stands. THE FINISH LYNX TIMING DEVICE WILL BE IN USE. IT'S IMPORTANT THAT THOSE NOT COMPETING STAY OUT OF THE INFIELD and NOT CROSS THE FOOTBALL FIELD.
8. Spikes $-1 / 4$ or $1 / 8$ only. New Track so spikes will be checked by the Clerk of Course or event judge when they check in.
9. All running contestants must report to the clerk of course at the southwest end of the track (across from the concession stand) and field event contestants must report to the field event judge.
10. Remind your competitors in a field event that he or she must tell the event judge that they are checking out for a running event. Depending on the event call, it is the officials discretion when they leave.
11. Clerk \& check in: Clerk of Course is at the West end of the track, across from the concession stand. Athletes are asked to check in no later than the second call, so they have time to get their hip number. The hip number should be on their right hip.

Team camps- You may set up in the visitors stands or anywhere around/under the visitors stands.
Team camps may NOT be located under the home stands or around the South side of the home stadium.

Busses should drop the athletes off on the visitor stand side of the stadium and then park in the very North parking lot of the school. Parking is limited so most of the spectators will need to park also North of the school.

Make sure you also lookup SBC Championships at Clyde for more information for Friday's meet at Clyde.

## Tues. MAY 7, SBC HS ORDER OF EVENTS

FIELD EVENTS: finals 4:15pm.
GIRLS POLE VAULT followed by boys.
BOYS HIGH JUMP followed by girls..
BOYS SHOT PUT, followed by girls, 3 throws, top 9 to the finals this year.
GIRLS DISCUS, followed by the boys, 3 throws, top 9 to the finals this year.
BOYS \& GIRLS LONG JUMP (open pit 1 hours), 3 jumps, top 9 to the finals .
RUNNING EVENTS: 4:45pm
4x800M RELAY finals $\quad G \& B$
100/110 HURDLES prelims $\quad G \& B$
100M DASH prelims $\quad G \& B$
400m DASH prelims G \& B
300M HURDLES prelims G \& B
3200M RUN finals $\quad G \& B$
200M DASH prelims G \& B
Preferred lanes-sprint events:

| Lane: | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| :---: | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Assigned: | 8 | 5 | 4 | 1 | 2 | 3 | 6 | 7 |

Make sure you also look up SBC Championships at Clyde on baumspage for more information for Friday's meet at Clyde.
SCHOOL $\qquad$ (CIRCLE ONE) BOYS OR GIRLS
Coach- $\qquad$
(PRINT) SCRATCH
(PRINT) REPLACEMENT
100/110M HURDLES


No relays for: 3200 $\qquad$
Field events scratch and replace at the field event

